



***Life is truly meant to be savoured and enjoyed ...
not hurried along.***

WHO are we? Good question and a tough one to answer ... we tend to be private people and generally like it that way, but in today's 'social networking' atmosphere privacy is increasingly rare. We thought about creating one of those nifty bio blurbs you see at the back of many book covers, but that just isn't our style. So here are some basics:

Jennifer and I have been happily together for *well over thirty years!* We are both university educated - and lingered long into the academic life more for the simple love of learning rather than the pompousness of academia; we both have enjoyed full-time careers as health care professionals ... with an insatiable preference to be out sailing, adventure travelling, mountain hiking, gardening, or simply sauntering with our dog(s) and exploring the world!

Our combined academic background is somewhat eclectic and includes Pharmacy, Neuroscience, Nursing, Psychology, Genetics, Biochemistry and Health Law. Between us we have attended Queens University; Acadia University; University of British Columbia and our beloved Dalhousie University in Halifax, Nova Scotia.

We both are most definitely proud introverts who *intensely* love reading a good book and enjoying the simple pleasures in life. Steve has co-founded and chaired several inventor's groups, dabbled in numerous patent developments and thoroughly enjoys exploring innovative ideas, breakthrough science and new technologies when he is not off hiking in the mountains! Jennifer is the more refined '*health nut*' in the family who enjoys cooking gourmet foods and savouring a fine wine, particularly when paired with a good book and cuddled beside our canine companion!

Jennifer and I are both "environmentalists" from the perspective that environmentalism is a broad philosophy and social movement regarding ecological conservation and progressive improvement to the overall state of our fragile planet. We constantly strive to educate ourselves about new technologies and environmental initiatives in an effort to more fully participate in effective ecological conservation within our own geographic region. The great Martin Luther King Jr. stated it best - "**Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity**".

"We can judge the heart of a man by his treatment of animals."

~ Immanuel Kant (Philosopher 1724-1804)