

Transforming Insights to Success

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Are you aspiring to:

- ◆ Define your future identity;
- ◆ Create a blueprint to achieve your goals;
- ◆ Accelerate your career, and;
- ◆ Establish lasting habits?

In my coaching practice, I employ a method designed to foster positive change by offering a unique perspective on your current and future situations. My objective is to guide you from identifying roadblocks and gaining insights to formulating practical actions and cultivating sustainable habits that align with your vision.

Our minds are intricate and individual, influencing how we navigate the world. Leveraging scientifically backed neuroscience methods, I empower you to heighten self-awareness, cultivate a success-oriented mindset, and forge resilient, meaningful connections. Let's embark on a path of self-discovery and achievement together.



Here are the key aspects of my coaching approach:

- 1) *Self-directed approach.* Recognizing the individuality of minds, neuroscience informs us that your thinking and problem-solving methods differ. This approach allows you to form new connections and insights based on your unique experiences.
- 2) *Solution-focused approach.* Coaching towards a positive state enhances openness to reflection, learning, and change. Research supports that this is the optimal state for learning and gaining insights, leading to a clearer vision for your future.
- 3) *Structured approach.* Providing predictability and certainty enables us to concentrate on defining impactful goals and crafting detailed, measurable actions for the successful realization of your vision.

Coaching, as a collaborative partnership, empowers you to explore and extract answers that may already reside within you. Envision the coaching journey as a road trip where you are in the driver's seat. My commitment is to assist you in navigating the twists and turns, ensuring a smooth path to your destination.



I am an ICF-certified Brain-Based Executive Coach with over 15 years of experience mentoring high-performance teams and executives in a corporate environment and coaching sporting teams. For a brief overview of my journey, please feel free to visit my LinkedIn profile: <https://www.linkedin.com/in/philbertchin/> or for a free 30-min consultation you can reach me via Philbert.chin@live.com